



FLUTD

FELINE LOWER URINARY TRACT DISEASE



ANIMAL HOSPITAL
OF LEWISVILLE

Feline Lower Urinary Tract Disease (FLUTD)

describes a variety of conditions that affect the bladder and urethra of your cat. If not treated appropriately, your cat can develop cystitis (bladder inflammation) which may or may not have a urinary tract infection (UTI) involved.

SIGNS YOUR CAT MAY HAVE FLUTD INCLUDE:

- ✓ **Straining to Urinate**
- ✓ **Urinating Small Amounts**
- ✓ **Frequent and/or Prolonged Attempts to Urinate**
- ✓ **Crying While Urinating**
- ✓ **Excessive Licking of the Genital Area**
- ✓ **Urinating Outside the Litter Box often on Cool, Smooth Surfaces**
- ✓ **Blood in the Urine**

WHILE FLUTD CAN OCCUR AT ANY AGE, IT IS OFTEN SEEN IN CATS WHO:

- Are middle-aged & overweight
- Lack exercise
- Have minimal outdoor access
- Use an indoor litter box
- Have a dry diet



 [AnimalHospitalOfLewisville.com](https://www.AnimalHospitalOfLewisville.com)

 6260 Shallowford Rd
Lewisville, NC 27023

336.946.3441



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While many factors can contribute to **FLUTD**, including emotional or environment stress, a multi-cat household, or even abrupt changes in daily routine, we find with a little extra TLC, a prescription diet or extra moisture in their food, can help minimize major health issues in your cat.

Our doctors will work hand-in-hand with you to monitor your cat's behavior to help prevent **FLUTD** symptoms from resulting in bladder or kidney stones requiring further treatment (including a radiograph.)

CONSIDER THESE BENEFICIAL TIPS:

- **Add diffusers to the rooms your cat spends the most time in as a natural calming agent**
- **Add additional litter boxes to your home and clean them daily**
- **Avoid hooded litter boxes, especially in multi-cat households, to avoid feeling trapped**
- **Invest in a cat water fountain, one that is both quiet and filters water every 60 days**
- **Add moisture to your cat's diet**
 - Canned food is ideal when it is 50-75% of their diet
 - If canned food is not an option, add a few tablespoons of warm water to their dry food
- **Clean your cat's food bowls often**

We are committed as your veterinary partner in your pet's health and longevity. We strongly encourage you to schedule a recheck appointment if you are not seeing an improvement in your cat's behavior or notice a decrease in appetite.

**For additional resources, visit:*

<https://indoorpet.osu.edu/cats/basic-indoor-cat-needs>



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